USSF D License Format

The US Soccer Federation has made significant changes to the D License Coaching Course. The focus, time investment and expectations of candidates are all changed under the New D License. Generally, D License Candidates will now be expected to:

- Develop coaching competencies to coach U13 to U14 players.
- Develop an understanding of characteristics and needs of an athlete in the Intermediate Stage of Development.
- Build on the foundation of knowledge and experience to proceed through the sequence of coaching development.

The New D License is broken down into 4 stages. Please note the biggest change in licensing is now the total time it takes to obtain a D license. The *minimum* time it would take to receive a D License is now 2-4 months.

Stage One:

Registration and Pre-Course Work:

- Register for a D course on gotsoccer.com via the MSYSA website.
- Each course will be limited to 24 candidates so register quickly.
- Complete ALL pre-course assignments:
  - Concussion Learning Module II- Details TBA
  - Session Training Journal (5-10 written sessions)

Estimated Time Investment:
1-3 Hours

Location:
Candidate's decision
Pre-course must be complete before moving to stage two.

Stage Two:

Instructor Lead Training (First weekend of class)

- Be present for the entire 3 day class portion.
- Turn in pre-course assignments.
- Attend and engage in group discussion and lecture.
- Participate in instructors lead training sessions.
- Create and present sample training sessions.

Estimated Time Investment:
18 Hours
Fri. Sat. Sun.

Location:
Regionally selected site

Stage Three:

Deliberate Practice

- Gain a working knowledge of Google Documents/ Google Drive
  - Helpful links for Google Docs/Drive- About: Summary: Basics: How to share: Set up a Gmail account
- Keep a journal with self-reflection of at least 15 sessions. Those sessions are to be emailed to the instructor via Google Documents.
- Schedule face-to-face time with your instructor(s) to evaluate your progress. This is done via Google Documents.

Estimated Time Investment:
2-4 Month Waiting Period

Location:
Candidate's/instructor's decision

Stage Four:

Performance Review (Testing)

- You will need to re-register for the testing via GotSoccer ($50.00).
- Permission to re-register will be based upon your completion of the prior three stages.
- All Performance Reviews will be **located** in one location. Stage TWO will be geographically local but Stage FOUR will be centralized.
- Candidates can receive a State D License, National D License or failure.

Estimated Time Investment:
16-18 Hours

Location:
Centralized testing site