

### **USSF D License Format**



The US Soccer Federation has made significant changes to the D License Coaching Course. The focus, time investment and expectations of candidates are all changed under the New D License. Generally, D License Candidates will now be expected to:

- Develop coaching competencies to coach U13 to U14 players.
- Develop an understanding of characteristics and needs of an athlete in the Intermediate Stage of Development.
- Build on the foundation of knowledge and experience to proceed through the sequence of coaching development.

The New D License is broken down into 4 stages. Please note the biggest change in licensing is now the total time it takes to obtain a D license. The *minimum* time it would take to receive a D License is now 2-4 months.

## **Stage One:**

## **Registration and Pre-Course Work:**

- Register for a D course on gotsoccer.com via the MSYSA website.
- Each course will be limited to 24 candidates so register quickly.
- Complete ALL pre-course assignments:
  - o Concussion Learning Module II- Details TBA
  - Session Training Journals (5 written sessions due 1 week before Stage Two)

### **Estimated Time Investment:**

1-3 Hours

### Location:

Candidate's decision
Pre-course work must be complete
before moving to stage two.

## **Stage Two:**

### Instructor Lead Training (First weekend of class)

- Be present for the entire 3 day class portion.
- Turn in pre-course assignments.
- Attend and engage in group discussion and lecture.
- Participate in instructors lead training sessions.
- Create and present sample training sessions.

### **Estimated Time Investment:**

18 Hours Fri. Sat. Sun.

### Location:

Regionally selected site

## **Stage Three:**

## **Deliberate Practice**

- Gain a working knowledge of Google Documents/ Google Drive
  - Helpful links for Google Docs/Drive- About: Summary:
     Basics: How to share: Set up a Gmail account
- Keep a journal with self-reflection of at least 10 sessions. Sessions are to be submitted via Google Documents PRIOR to scheduling face-to-face time with your instructor.
- Schedule face-to-face time with your instructor to evaluate your progress. A link to sign up for face-to-face time will be emailed once all requirements of Stage Three have been met.

# **Estimated Time Investment:**

2-4 Month Waiting Period

### Location:

Candidate's/instructor's decision

## Stage Four:

### **Performance Review (Testing)**

- You will need to re-register for the testing via GotSoccer (\$50.00).
- Permission to re-register will be based upon your completion of the prior three stages. A link to register will be emailed by MSYSA.
- All Performance Reviews will be hosted at one location. Stage
  Two will be geographically local but Stage Four will be centralized.
- Candidates who pass can receive a State D or National D License.
- Only candidates that receive a National D License are permitted to move on to take the C License.

## **Estimated Time Investment:**

16-18 Hours

### Location:

Centralized testing site