

Michigan State Youth Soccer Association – Press Release



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FOR IMMEDIATE RELEASE

MSYSA Coaching Symposium returns with guest speaker, Dr. John Cone, Founder of Fit for 90

Plymouth, Michigan (January 31, 2018) – The Michigan State Youth Soccer Association is pleased to announce that this year’s Coaching Symposium, with Dr. John Cone, will take place at the Marriott Hotel in Livonia, Michigan on Tuesday, March 20, 2018. Coaches from around the State as well as coaches who are participating in the MSYSA Director’s Academy Program are encouraged to register. Coaches will receive information on various player development topics as well as participate in classroom sessions. MSYSA’s guest clinician is Dr. John Cone, who will help provide additional education to our members.

The cost to register for this Symposium is \$65. (Symposium capacity is limited to 100 coaches)
Registration is now open! Please [click here](#) to register for the MSYSA Coaching Symposium or go to <https://www.gotsport.com/forms/open/form.asp?FormID=2074>.

About Dr. John Cone, Fit For 90

Dr. John Cone is the founder and CEO of Fit For 90, www.fitfor90.com. He has experience both playing and coaching at the college and professional level. John has extensive experience as a sports scientist, coach, and educator that gives him the unique ability to bridge the worlds of science and sport. He holds the USSF A license, is a certified strength and conditioning coach (CSCS), is the only American holder of the esteemed FA Fitness Trainers’ Award (2004), and has logged over 100 seasons as a soccer-specific periodization and sports science expert. In addition to his work through Fit For 90, John is also a Coach Educator for U.S. Soccer and works exclusively with coaches on the B, A, Academy Director and Professional Licenses. Fit for 90 has a team of amazing developers that help to deliver the worlds best software to maximize performance in sport. Visit www.fitfor90.com for more information.

Symposium Agenda

Location: Detroit Marriott Livonia, 17100 Laurel Park Drive North, Livonia, Michigan 48152.

Meeting Room: Marriott Meeting Room, Salon A & B ([Click for Meeting Room Layout](#))

Topic: Physical Periodization for youth soccer players and its implementation for youth coaches

Day & Date: Tuesday, March 20, 2018

Check In: 9:30am-10:00am

Classroom: 10:00am-3:00pm, along with a break for Lunch

This symposium is an approved coaching education event and may be used to help satisfy the Director’s Academy coaching education requirements. As a reminder, clubs do receive a portion of their Director’s Academy entry fees back to help subsidize the costs of coaching education event provided that all club requirements are met.

The Michigan State Youth Soccer Association, Inc. (MSYSA) is a nonprofit organization that represents over 89,000+ youth soccer players, 12,000+ coaches, and 8,000+ referees throughout Michigan. MSYSA consists of a vast number of leagues that register players (boys and girls) from ages 4 through 19 throughout the state. MSYSA is a member of the United States Youth Soccer Association and the United States Soccer Federation. For more information on MSYSA, visit www.michiganyouthsoccer.org.

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