

MSYSA Day Camp Guidelines

Draft: 07/28/2020

Day camp is defined as operating more than 4 hours but less than 24 hours per day for 5 or more days in any given 14-day period.

General Guidelines for All Players, Parents, Coaches, and Staff:

- Participating parties should not attend the day camp if they show signs or symptoms of COVID-19 in the past 14 days prior to the beginning of camp activities. **(Please review the ‘*Signs and Symptoms of COVID-19*’ in the Appendix section)**
- Participating parties should not attend the day camp if they show signs or symptoms of COVID-19 during the 14-day camp period. **(Please review the ‘*Signs and Symptoms of COVID-19*’ in the Appendix section)**
- Participating parties should not attend the day camp if they have a known exposure or close contact with someone that has been ill with COVID-19 in the past 14 days prior to the beginning of camp activities. **(Please review the ‘*Close Contact Definition*’ in the Appendix section)**
- Participating parties should not attend the day camp if they have a known exposure to someone that has been ill with COVID-19 during the 14-day camp period.
- All day-camp personnel and attendees must use their personal infection prevention supplies such as (but not limited to), hand sanitizer, facial tissues, and facial coverings that are to be worn before and after day camp activities.
- All individuals must use their personal water bottle, towel, and any other personal hygiene/hydration products while participating in camp activities.

Guidelines Specific for Camps and Camp Organizers

- Campers and coaches must practice social distancing as a part of their camp activities. This means no soccer activities that require direct or indirect contact among participants.
- It is imperative that all camps must appoint 1 (or more) staff member(s) who will serve as the COVID-19 point of contact before facilitating any camp-related activities. **(Please review the ‘*COVID-19 Point of Contact Responsibilities*’ in the Appendix section)**
- Camps are required to check for COVID-19 symptoms when players, coaches, or camp organizers arrive daily. **(Please review the ‘*Signs and Symptoms of COVID-19*’ & the ‘*COVID-19 Screening Questions*’ in the Appendix section)**
- Camps need to have the appropriate surface disinfecting supplies for all training equipment before, in between use, and after training sessions. **(Please see the ‘*Disinfecting and Sanitizing Supplies Requirements*’ in the Appendix section)**
- Camp organizers are responsible for training and educating all staff on emergency protocols, signs/symptoms of COVID-19, shut down operations along with knowing the local health department, and emergency facility contact information.
- Camps provide adequate field space for social distancing which remains 6 feet for those not in the same household at all times in compliance with Governor Whitmer’s Executive order.
- If food is offered at any event, Camp organizers need to have pre-packaged boxes or bags for each attendee instead of a buffet or family-style snacks.
- Camp organizers are required to have training camps to take place outside versus indoors when weather permits. Please review and follow Executive Orders.

- Camp organizers are encouraged to stagger scheduled drop-off times for players at the day-camp location. Camp organizers must request that parents/guardians wait inside their cars at the drop off location until their player cleared the COVID-19 screening protocol. **(Please review the ‘Signs and Symptoms of COVID-19’ & the ‘COVID-19 Screening Questions’ in the Appendix section)**
- Camp organizers must provide hand sanitizing stations that use at least 70% alcohol and waste receptacles at fields for individual participant use. Gloves should be worn when removal or handling of waste then hands should be immediately washed afterward.
- Camp organizers must maintain confidentiality regarding any player, coach, or staff member’s health status.
- It is the camp organizers’ responsibility to identify higher-risk players; the CDC notes that individuals with preexisting medical conditions, including asthma, diabetes, or other health problems, might be at increased risk for severe illness from COVID-19. Camp organizers are to communicate with players and parents about the risks of returning to play and take the time to inform parents of the guidelines that will be implementing to keep their players safe.

Guidelines Specific for Coaches

- Coaches must check in with the COVID-19 Point of Contact and answer any screening questions before conducting day camp training. **(Please review ‘COVID-19 Screening Questions’ in the Appendix section)**
- Coaches must take their own temperatures before arriving at the day camp training grounds. If the temperature reading is greater than or equal to 100.4°F (38°C), then do not proceed to the day camp training grounds and contact your primary care physician.
- Coaches are responsible for monitoring their own health and wellness before, during, and after day camp training. If any signs/symptoms of COVID-19 presents before, during, or after day camp training then please discontinue your activities and contact your primary care physician. **(Please review ‘Signs and Symptoms of COVID-19’ in the Appendix section)**
- Coaches are required to wear a mask when not giving instructions to players and staff. When giving instructions, coaches are required to stay at least 6 feet away from players or camp organizers and are allowed to not wear the mask.
- Coaches are to ensure all athletes have their own individual equipment (ball, water, towel, etc) and do not share any equipment with teammates, coaches, or any other team members.
- For goalkeeper training, soccer balls should not be shared. Plan for one soccer ball per goalkeeper. If the goalkeeper is involved in an activity with field players and using his or her hands, use the goalkeeper’s designated ball(s).
- Coaches are to designate one staff member/camp organizer who is the only person to handle shared equipment (e.g. cones); if sharing is unavoidable, clean and disinfect shared equipment between uses by different people; do not enlist parental or player assistance. **(Please review the ‘Disinfecting and Sanitizing Supplies Requirements’ in the Appendix section)**
- Coaches are to monitor all participants' health status before, during, and after day camp activities for any COVID-19 symptoms and communicate any suspected symptoms to players and parents.

- It is important for coaches to inquire if each athlete has experienced any ill feelings or COVID-19 symptoms. Coaches are to send home anyone believed to act or looks ill and advise them to contact their healthcare provider as soon as possible.
- Keep in mind to have fun, stay positive, and be a positive role model for healthy behaviors – players and parents are looking to coaches for leadership and guidance!

Guidelines for Parents/Guardians

- Parents/Guardians and Players are personally responsible for monitoring their own health and wellness each day, before, during, and after training at the day camp.
- Parents/Guardians are required to routinely conduct temperature checks at home and before arriving at the campgrounds to ensure that players are healthy to train. **(Please review the ‘*Signs and Symptoms of COVID-19*’ in the Appendix section)**
- Parents/Guardians are to notify the Camp organizers and/or the COVID-19 Point of Contact of any pre-existing conditions their child may have that will put them at risk of severe COVID-19 related illness.
- Parents/Guardians are to consider not carpooling or significantly limit carpooling with others outside of your household. The CDC encourages players to ride to the sports event with persons living in the same household.
- Parents/Guardians are required to wait in their cars and outside of day camp entry until their child is cleared by the COVID-19 Point of Contact to participate in day camp activities. **(Please review the ‘*COVID-19 Point of Contact Responsibilities*’ in the Appendix section)**
- Parents/Guardians are to answer any COVID-19 Screening questions administered by the COVID-19 point of contact if their player(s) are not able to. **(Please review the ‘*COVID-19 Screening Questions*’ in the Appendix section)**
- Parents/Guardians are to ensure that all equipment (cleats, ball, shin guards etc.) are sanitized before and after every training.
- Parents/Guardians are to send their players to camp with essential hydration such as filled water bottles, snacks, and etc. Parents/Guardians are to also encourage their players to not share their water bottles, snacks with other players who are not a part of the same household.
- Parents/Guardians must notify your camp immediately if their child becomes ill for any reason.
- Parents/Guardians must not assist the coach with disinfecting or moving equipment before or after training.
- Parents/Guardians must ensure that player’s clothing is washed after every training, using the warmest appropriate water setting.
- Parents/Guardians must be sure their player(s) has their own sanitizing products with them at every training. Hand sanitizer should contain at least 70% alcohol. Sanitizing products should not be shared with people from a different household. **(Please review the ‘*Disinfecting and Sanitizing Supplies Requirements*’ in the Appendix section)**
- Parents/Guardians are to discourage extended family, nonessential visitors, spectators, and volunteers from attending practice and competitions.

Guidelines for Players

- Players must truthfully answer any screening questions asked of them by the COVID-19 point of contact before participating in day camp activities. Parents/Guardians are to truthfully answer any screening questions if players are not able to do so. **(Please review the ‘*Signs and Symptoms of COVID-19*’ & the ‘*COVID-19 Screening Questions*’ in the Appendix section)**
- Players experiencing any sudden illness, or ‘not feeling like yourself’ before, during, after day-camp activities must discontinue any physical activities and contact their primary care physician. **(Please review ‘*Signs and Symptoms of COVID-19*’ in the Appendix section)**
- Players are to practice social distancing, place bags, and equipment at least 6 feet apart from others outside of the household.
- Players are to wash hands thoroughly before and after training with soap and water for at least 20 seconds, or with hand sanitizer. **(Please review the ‘*Disinfecting and Sanitizing Supplies Requirements*’ in the Appendix section)**
- Players are to bring and use hand sanitizer to every training. It should contain at least 70% alcohol. **(Please review the ‘*Disinfecting and Sanitizing Supplies Requirements*’ in the Appendix section)**
- Players are encouraged to refrain from spitting on training grounds or scrimmage pitch before, during, or after practice. Alternative places to spit are in a trash can or in an area that is not utilized by camp staff members.
- Players are to wear masks before and after all training sessions. This protects others in the event that you are unknowingly carrying the virus.
- Players are to not touch or share anyone else’s equipment, water, food, or bags.

Appendix

Signs and Symptoms of COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

- Sore Throat
- Cough
- Temperature greater than or equal to 100.4°F (38°C)
- Fever
- Chills
- Shortness of Breath
- Fatigue
- Muscle or Body Aches
- Headaches
- New Loss of taste or smell
- Congestion or runny nose
- Nausea
- Vomiting
- Diarrhea

If any player, coach, or staff member presents the above COVID-19 related symptoms during any day camp or residential camp training period then the individual needs to be sent home and instructed to contact their healthcare provider as soon as possible.

COVID-19 Screening Questions:

The following screening questions should be administered to players/coaches before training sessions:

1. Have you had close contact (within 6 feet for at least 10 minutes) in the last 14 days with someone diagnosed with COVID-19, or has any health department or health care provider been in contact with you and advised you to quarantine?
 - If Yes, the player/coach should not participate. The individual can return 14 days after the last time they had close contact with someone with COVID-19, or as listed below.
 - If No, the player/coach can participate if they are not experiencing symptoms.

2. Since you last played, have you had any of these symptoms?
 - Sore Throat
 - Cough
 - Temperature greater than or equal to 100.4°F (38°C)
 - Fever
 - Chills
 - Shortness of Breath
 - Fatigue
 - Muscle or Body Aches
 - Headaches
 - New Loss of taste or smell
 - Congestion or runny nose
 - Nausea
 - Vomiting
 - Diarrhea

If a player has any of these symptoms, they should go home, stay away from other people, and have a guardian call their health care provider.

3. Since you last played, have you been diagnosed with COVID-19?

- Yes
- No

If a player/coach is diagnosed with COVID-19 based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should not play and stay at home.

Close Contact Definition:

Close contact is being within 6 feet for at least 10 minutes of someone who is asymptomatic or presents symptoms of COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>

If you believe that you were in close contact with someone who is asymptomatic or presents symptoms of COVID-19 then please discontinue all camp related activities and contact your healthcare provider as soon as possible.

COVID-19 Point of Contact Responsibilities

1. Must be familiarized with the Signs and Symptoms of COVID-19. (Please review the ‘*Signs and Symptoms of COVID-19*’ above).
2. Ask *COVID-19 Screening Questions* to players, coaches, and staff at the beginning of Day camp activities (Ask the parent or guardian screening questions if a player is unable to answer).
3. Visually observe any players, coaches, or camp organizers for possible symptoms of COVID-19. If any player, coach, or staff member presents any of the signs/symptoms of COVID-19, appears ill or “not themselves”, then discontinue their participation in training activities, isolate them from others, and contact their parents/guardians immediately for pick-up.
4. Verify that social distancing is maintained throughout training activities.
5. Locate the nearest emergency care facility and keep records of their contacts and services.
6. Have a list of every player’s parents/guardians contacts for emergencies.
7. Be prepared to answer questions from a local health department or medical official related to possible COVID-19 cases.
8. Maintain confidentiality regarding any player, coach, or staff member’s health status.

In accordance with the *Guidelines for Camp Operations During COVID-19* drafted by The Office of Licensing and Regulatory Affairs (LARA).

https://www.michigan.gov/documents/lara/Day_Camp_Guidelines_-_06.02.20_-_FINAL_TO_PUBLISH_692694_7.pdf

Disinfecting and Sanitization Supplies Requirements

- Each player, coach, and staff member should have their own necessary sanitizing products with them at every training session.
- Hand sanitizer should contain at least 70% alcohol.
- Sanitizing products should not be shared with people from a different household.
- Disinfecting products for training equipment should contain up to 70% alcohol.
- Latex or non-latex gloves are acceptable when used to disinfect equipment.
- Compile and wash any towels or cloths used for cleaning equipment.